SCHEDULE

Thursday, August 20

7:00 – 9:00 pm

PRE-PROGRAM WORKSHOP
Attendance is limited and additional registration fee applies.

OMM Case Reviews - Pre-Test
2 Category 1-A CME Extra Credits

This session is designed to present real-life clinical scenarios to attendees. The focus is on board test type situations, whereby somatic dysfunction would be identified and the attendees would be asked to demonstrate various OMT techniques to address the particular somatic dysfunction. Cases would involve the spine, extremities and visceral somatic concerns. This “pre-test” will help the attendee to determine where they stand prior to the formal Intensive Review OMM sessions, as well as to help prepare the attendee for the type of learning approach the review OMM sessions provide. This is an optional workshop, but one that may be very helpful, especially for those who are not as familiar or as practiced with their OMM diagnosis and treatment.

Friday, August 21

6:00 – 6:45 am
Registration and Breakfast

6:45 – 11:45 am
MORNING SESSIONS

Test Taking Skills
EKG Case Presentations
High Yield Test Questions
Baby Basics - Common Concerns of the Infant Years
Pediatric Infectious Disease Review
Overview of Obstetrics
The World of Women’s Health in 30 Minutes
Men’s Health Matters

11:45 am – 12:45 pm
Diabetes Lunch Lecture

1:00 – 2:30 pm
AFTERNOON SESSIONS

Targeted Issues in Endocrinology
Matters of the Heart
Common Concerns of the Kidney

2:45 – 6:00 pm
OMT BREAKOUT SESSIONS 1 & 2
OMT for the Thoracic & Cervical Spine
OMT for the Lumbar Spine & Sacrum
Visceral Somatic OMM
OMT for Extremity Complaints

6:00 – 7:00 pm
Wine and Cheese Networking Reception

7:30 – 9:30 pm
EXTRA CREDIT WORKSHOPS
Attendance is limited and additional registration fee applies.

Basic OMT Demonstration
2 Category 1-A CME Extra Credits

This hands-on OMT review session is presented in three sections to better enhance the participant’s knowledge of OMT for the written and practical board exam. The first section discusses the structural exam, Fryette mechanics, and mechanisms of action of various osteopathic techniques. The second section gives a thorough review of lymphatic treatment to facilitate a more complete understanding of its utilization in osteopathic manipulative treatment. The third section will be held in a small group setting and is open to individual questions to review or enhance any diagnostic or treatment clarifications or questions in preparation for the exam.

Examination Techniques for Office Orthopedics
2 Category 1-A CME Extra Credits

This presentation will review high volume musculoskeletal injuries seen by family physicians, proper diagnostic tests, including physical exam and radiologic test, and the proper treatments of these injuries.

Schedule is subject to change. Visit acofp.org for updates.
Saturday, August 22

6:00 – 7:00 am
Registration and Breakfast

7:00 – 8:30 am
MORNING SESSIONS
Therapeutic Applications of OMT for Specific Disease Processes
Dermatology from the Outside In
Dermatology from the Inside Out

8:30 – 11:45 am
OMT BREAKOUT SESSIONS 3 & 4
OMT for the Thoracic & Cervical Spine
OMT for the Lumbar Spine & Sacrum
Visceral Somatic OMM
OMT for Extremity Complaints

11:45 am – 12:45 pm
Lunch provided by ACOFP

12:45 – 4:30 pm
AFTERNOON SESSIONS
Adult Infectious Disease Review
Pulmonary Predicaments in Primary Care
The Nose Knows - ENT for the Family Physician
Selected Review of Surgical Issues
Rheumatology Review
Neurology Notes for Boards
Mindful Medicine - Behavioral Concerns in Primary Care

5:30 – 7:00 pm
EXTRA CREDIT LECTURE
Attendance is limited and additional registration fee applies.
Increasing Your Examination Score: A Guided Tour of What High-Scoring Examinees Know & Do
1.5 Category 1-A CME Extra Credits
This workshop is designed to improve your examination performance. Attendees will gain insight into how item-writers design test questions and practice test-taking skills that will improve examination scores.

6:30 – 9:30 pm
EXTRA CREDIT LECTURE
Attendance is limited and additional registration fee applies.
Practical Examination Workshop: Review of Clinical Scenarios Utilizing a Hands-On Approach in Preparation for Your Board Examination
1 Category 1-A CME Extra Credit
This one hour hands-on workshop gives participants a realistic simulation of the actual practical portion of the board exam. Instructors will provide useful tips on test taking strategies and OMT techniques. Simulation scenarios covering the spine and extremities, as well as a systems based approach to common medical health concerns, will also be utilized. Please select the time you would like to participate on the registration form.

Sunday, August 23

6:00 – 7:00 am
Registration and Breakfast

7:00 – 11:45 am
MORNING SESSIONS
Helpful Hints in Hematology
It’s a Gas - A Review of Gastroenterology
Focused Review in Oncology
Health Issues for the Aging Adult
Addiction Medicine - Substances of Abuse
Improve Your Score - Sports Medicine Update
Bone-Up on Orthopedics
Medical Legal Review

12:15 – 1:45 pm
EXTRA CREDIT LECTURE
Attendance is limited and additional registration fee applies.
ACOFP Family Medicine Institute: Acute and Chronic Pain Management in Primary Care
1.5 Category 1-A CME Extra Credits
This workshop will discuss the options for the medical management of acute pain, as well as an evidence based approach for managing the patient with chronic pain. Pharmaceutical categories, controlled substance agreement options, drug screening parameters, and other management tools will be reviewed. The rationale for an algorithmic approach for the potential use of controlled substances as part of a comprehensive pain management plan will be discussed.

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Lunch will be provided.
**DAILY OMT HANDS-ON BREAKOUT SESSIONS**

*Included in the registration fee and open to all attendees are four 1.5 hour hands-on sessions that are taught by osteopathic manipulative treatment (OMT) mentors to refresh or enhance your OMT skills.*

*Each attendee will be participating in four different hands-on OMT sessions covering four topic areas. There will be two sessions on Friday and two sessions on Saturday.*

**Extremities**

This session will provide participants with a greater understanding of osteopathic principles as they pertain to the extremities. Osteopathic diagnosis and treatment options for commonly seen issues in family medicine of the upper and lower extremities will be discussed in a combined didactic and hands-on approach. This session will help in preparation for the board examination, as well as enhance osteopathic clinical skills and manipulative techniques.

**Thoracic & Cervical Spine**

This session will provide participants with a review of clinical anatomy and osteopathic evaluation of thoracic and cervical spine. Following a brief didactic review, the session will consist of hands-on demonstration of basic OMT techniques geared toward the practical exam.

**Visceral Somatic OMM**

This session will provide the participants with real clinical scenarios similar to what may be seen in your office or as preparation for your OMM board examination. Participants will be presented with clinical situations (migraines, asthma, sinusitis, etc) and receive didactic as well as hands-on demonstrations of the appropriate therapeutic OMM options applicable to treating those particular clinical situations.

**Lumbar Spine & Sacrum**

This session will provide participants with a review of the evaluation and application of OMM in the lumbar spine, pelvis and sacral regions. Participants will receive a brief didactic review relating to this information, followed by clinical scenarios aimed at allowing exposure to the basic structure of the practical portion of the board examination.

Registrations are non-transferable. To receive a refund, less a $50 processing fee, cancellations must be in writing and received by August 1, 2015. After this date, all registrations are non-refundable.

Questions? Call 800.323.0794 | Register online at www.acofp.org

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